I am extremely disturbed and frustrated by telemarketers who:

- -Call and leave a message on my answering machine giving options which must be entered in the phone during the call.
 - -Call from an identified phone number which cannot receive incoming calls
- -Do not leave a return phone number to call to get off their calling list but require that the recipient of the call press buttons during the call.

I receive numerous calls of this type and cannot get off their calling lists since I am not there to receive the call and push the buttons. I receive repeated calls from the same source using this method.

I would like to see regulation that provides for some removal action and would eliminate the above situation.